

# Information for Parents and Carers

## YOU SHOULD BOOK A COVID-19 TEST IF YOUR CHILD HAS:

### A HIGH TEMPERATURE

This means they feel hot to touch on their chest or back (you do not need to measure their temperature)

OR

### A NEW CONTINUOUS COUGH

This means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours (if they usually have a cough, it may be worse than usual).

OR

### A LOSS OR CHANGE TO THEIR SENSE OF SMELL OR TASTE

This means they've noticed they cannot smell or taste anything, or things smell or taste different to normal.

**IF YOUR CHILD DOES NOT HAVE SYMPTOMS OF COVID-19 BUT HAS OTHER COLD-LIKE SYMPTOMS, SUCH AS A RUNNY NOSE, THEY DO NOT NEED TO BE TESTED AND THEY OR MEMBERS OF YOUR HOUSEHOLD DO NOT NEED TO SELF-ISOLATE. YOUR CHILD CAN ATTEND SCHOOL IF FIT TO DO SO.**

## HERE'S WHAT TO DO IF:

### YOUR CHILD HAS COVID-19 SYMPTOMS

#### WHAT TO DO?

- DO NOT SEND YOUR CHILD TO SCHOOL
- Book a COVID-19 test
- Household self-isolates
- Inform school about test result

#### WHEN CAN MY CHILD RETURN?

Your child can return to school if the test is negative providing they are well enough, have not had a fever for 48 hours and if they haven't been advised to self-isolate by NHS Track and Trace.

### YOUR CHILD TESTS POSITIVE FOR COVID-19

#### WHAT TO DO?

- DO NOT SEND YOUR CHILD TO SCHOOL
- Inform school immediately about test result
- Self-isolate for at least 10 days as advised by PHE

#### WHEN CAN MY CHILD RETURN?

Your child can return to school after 10 days even if they still have a cough / loss of smell or taste. These symptoms can last for several weeks.

### SOMEBODY IN YOUR HOUSEHOLD HAS COVID-19 SYMPTOMS

#### WHAT TO DO?

- DO NOT SEND YOUR CHILD TO SCHOOL
- The household member should book a COVID-19 test
- Household self-isolates
- Inform school immediately about test result

#### WHEN CAN MY CHILD RETURN?

Your child can return to school if the symptomatic household member's test is negative and if they haven't been advised to self-isolate by NHS Track and Trace

### SOMEBODY IN YOUR HOUSEHOLD TESTS POSITIVE FOR COVID-19

#### WHAT TO DO?

- DO NOT SEND YOUR CHILD TO SCHOOL
- Inform school immediately about test result
- Household self-isolates

#### WHEN CAN MY CHILD RETURN?

Your child can return to school when they have completed 14 days of self-isolating without any symptoms \*

### CONTACT TRACING IDENTIFIED MY CHILD AS A CLOSE CONTACT

#### WHAT TO DO?

- DO NOT SEND YOUR CHILD TO SCHOOL
- Self-isolate for at least 14 days as advised by NHS Track and Trace

#### WHEN CAN MY CHILD RETURN?

Your child can return to school when they have completed 14 days of self-isolation without any symptoms \*

### YOUR CHILD HAS BEEN IN CONTACT WITH SOMEONE WHO HAS BEEN IDENTIFIED AS CLOSE CONTACT

#### WHAT TO DO?

- Attend school as normal
- If your child does not have any COVID-19 symptoms they should carry on with normal activities.

### YOUR CHILD HAS TRAVELLED ABROAD AND HAS TO SELF-ISOLATE

#### WHAT TO DO?

- DO NOT SEND YOUR CHILD TO SCHOOL
- Self-isolate for 14 days in line with quarantine advice.

#### WHEN CAN MY CHILD RETURN?

Your child can return to school when they have completed 14 days of self-isolation without any symptoms \*

\* If your child has been identified as a close contact of a case of COVID-19, or has returned from travel abroad and is self-isolating, they must self-isolate for 14 days regardless of a negative COVID-19 test result.