

WEEK ONE

F+S\$21 Hot Delivered Lunch Menu	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY FAVOURITES	
	Port or Vegetarian Sausages & Onion Gravy	Creamed Potatoes Broccoli Florets & Carrot Baltons	Crispy Fish Fillet Burger & Tomato Ketchup	Potato Wedges & Mixed Vegetable Medley	Veggie Tomato Pasta (V)	Garlic Bread & Seasonal Vegetables	Homemade Chicken Curry	Mixed Rice & Naan Bread	Crispy Tempura Fish Goujons	Oven Baked Chips or New Potatoes & Garden Peas
Choice 1	Four Cheese Ravioli & Tomato Sauce (V)	Garlic Dough Balls & Mixed Salad	Cheese & Tomato French Bread Pizza (V)	Potato Wedges & Mixed Salad	Baked Jacket Potato Choice of Filling	Freshly Prepared Salad Selection	Veggie Meatball Marinara Sub Roll (V)	Paprika Potatoes & Mixed Salad	Homemade Pizza Margherita (V)	Oven Baked Chips or New Potatoes & Sweetcorn
Choice 2										
Dessert	Ice Cream Tub or Fruit Yoghurt with Fresh Fruit & Organic Milk		Strawberry Jelly or Fruit Yoghurt with Fresh Fruit & Organic Milk		Gluten Free Lemon Muffin or Fruit Yoghurt with Fresh Fruit & Organic Milk		Shortbread Biscuit or Fruit Yoghurt with Fresh Fruit & Organic Milk		Chocolate Cookies or Fruit Yoghurt with Fresh Fruit & Organic Milkshake	

WEEK TWO

MEAT FREE MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY FAVOURITES		
Vegetarian Brunch (V)	Hash Brown & Baked Beans	Pasta Bolognaise	Garlic Bread & Mixed Salad	Crispy Bubble Coated Salmon	Paprika Potatoes Carrot Baltons & Green Beans	British Beef Burger & Tomato Ketchup	Potato Wedges Garden Peas & Sweetcorn	Crispy Battered Fish	Oven Baked Chips or New Potatoes & Musty Peas	
Choice 1										
Tomato & Mascarpone Pasta (V)	Garlic Dough Balls & Mixed Salad	Puff Pastry Cheese Vihili (V)	Herby Potatoes Broccoli Florets & Baked Beans	Cheese & Tomato Pizza Panini Melt (V)	Paprika Potatoes & Mixed Salad	Quorn & Sweet Potato Curry (V)	Mixed Rice & Naan Bread	Homemade Pizza Margherita (V)	Oven Baked Chips or New Potatoes & Mixed Salad	
Choice 2										
Dessert	Chocolate Brownie or Fruit Yoghurt with Fresh Fruit & Organic Milk		Raspberry Bun or Fruit Yoghurt with Fresh Fruit & Organic Milk		Strawberry Jelly or Fruit Yoghurt with Fresh Fruit & Organic Milk		Cherry Cookie or Fruit Yoghurt with Fresh Fruit & Organic Milk		Ice Cream Tub or Fruit Yoghurt with Fresh Fruit & Organic Milk	

WEEK THREE

MEAT FREE MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY FAVOURITES		
Veggie Meatballs & Onion Gravy (V)	Creamed Potatoes Broccoli Florets & Carrot Baltons	BBC Chicken Flatbread	Potato Wedges & Mixed Salad	Pasta Arrabbiata (V)	Garlic Bread & Seasonal Vegetables	Chinese Style Chicken Curry	Mixed Vegetable Rice	Golden Crumb Omega 3 Fish Fingers	Oven Baked Chips or New Potatoes & Garden Peas	
Choice 1										
Pasta Neapolitan (V)	Garlic Dough Balls & Mixed Salad	Lancashire Cheese Potato Pie (V)	Broccoli Florets & Sliced Beetroot	Baked Jacket Potato Choice of Filling	Freshly Prepared Salad Selection	Port or Vegetarian Sausage In a Bun & Tomato Ketchup	Herby Potatoes & Mixed Vegetable Medley	Homemade Pizza Margherita (V)	Oven Baked Chips or New Potatoes & Sweetcorn	
Choice 2										
Dessert	Oaty Biscuit or Fruit Yoghurt with Fresh Fruit & Organic Milk		Jam & Cream Split or Fruit Yoghurt with Fresh Fruit & Organic Milk		Ice Cream Tub or Fruit Yoghurt with Fresh Fruit & Organic Milk		Strawberry Jelly or Fruit Yoghurt with Fresh Fruit & Organic Milk		Gluten Free Chocolate Muffin or Fruit Yoghurt with Fresh Fruit & Organic Milk	