

Appendix 1 – Consultation and local health data

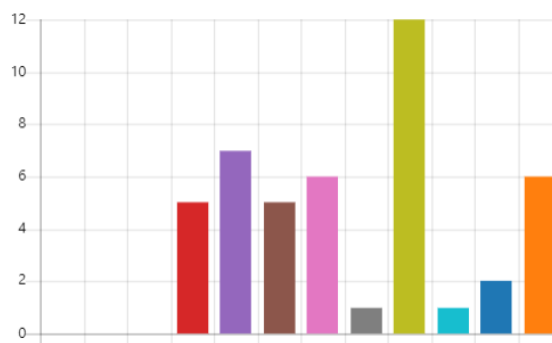
Through consultation in July 2020, parents identified key needs specific to each year group.

Reception

1. From the list below, please would you identify the five most important aspects of health and well-being that you feel will meet the needs of your child as they move into the next academic year.

[More Details](#)

smoking	0
alcohol	0
drugs	0
exercise	5
balanced diet	7
oral hygiene	5
sleep	6
medicine	1
mental health (e.g. managing ...	12
personal hygiene and puberty	1
basic first aid	2
keeping safe in the communit...	6

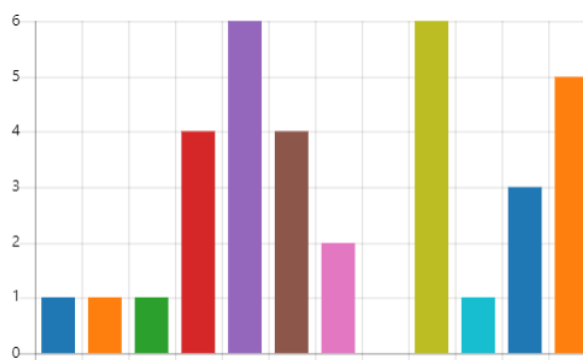


Year 1

1. From the list below, please would you identify the five most important aspects of health and well-being that you feel will meet the needs of your child as they move into the next academic year.

[More Details](#)

smoking	1
alcohol	1
drugs	1
exercise	4
balanced diet	6
oral hygiene	4
sleep	2
medicine	0
mental health (e.g. managing ...	6
personal hygiene and puberty	1
basic first aid	3
keeping safe in the communit...	5

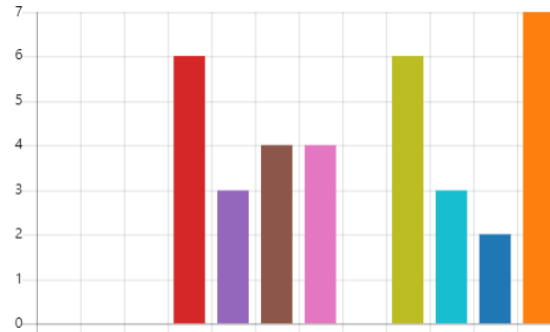


Year 2

- From the list below, please would you identify the five most important aspects of health and well-being that you feel will meet the needs of your child as they move into the next academic year.

[More Details](#)

smoking	0
alcohol	0
drugs	0
exercise	6
balanced diet	3
oral hygiene	4
sleep	4
medicine	0
mental health (e.g. managing ...	6
personal hygiene and puberty	3
basic first aid	2
keeping safe in the communit...	7

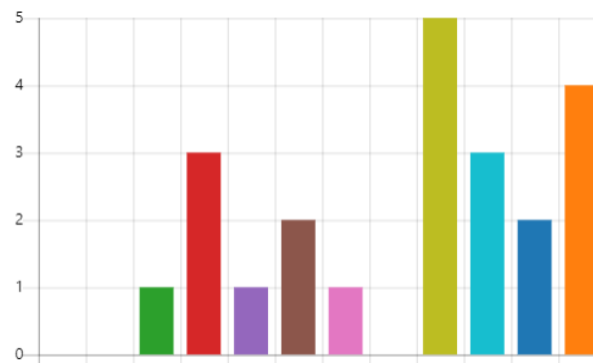


Year 3

- From the list below, please would you identify the five most important aspects of health and well-being that you feel will meet the needs of your child as they move into the next academic year.

[More Details](#)

smoking	0
alcohol	0
drugs	1
exercise	3
balanced diet	1
oral hygiene	2
sleep	1
medicine	0
mental health (e.g. managing ...	5
personal hygiene and puberty	3
basic first aid	2
keeping safe in the communit...	4

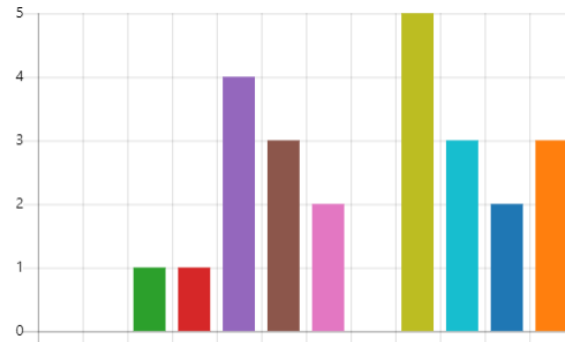


Year4

1. From the list below, please would you identify the five most important aspects of health and well-being that you feel will meet the needs of your child as they move into the next academic year.

[More Details](#)

smoking	0
alcohol	0
drugs	1
exercise	1
balanced diet	4
oral hygiene	3
sleep	2
medicine	0
mental health (e.g. managing ...	5
personal hygiene and puberty	3
basic first aid	2
keeping safe in the communit...	3

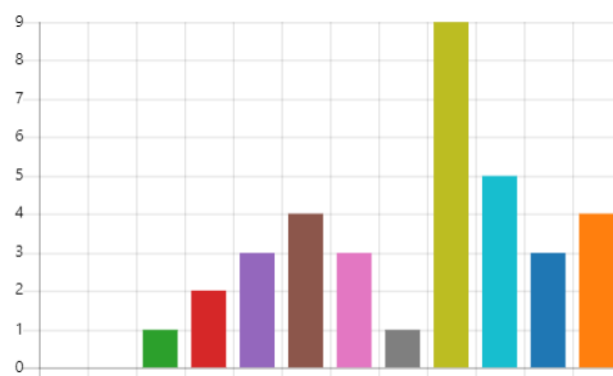


Year 5

1. From the list below, please would you identify the five most important aspects of health and well-being that you feel will meet the needs of your child as they move into the next academic year.

[More Details](#)

smoking	0
alcohol	0
drugs	1
exercise	2
balanced diet	3
oral hygiene	4
sleep	3
medicine	1
mental health (e.g. managing ...	9
personal hygiene and puberty	5
basic first aid	3
keeping safe in the communit...	4



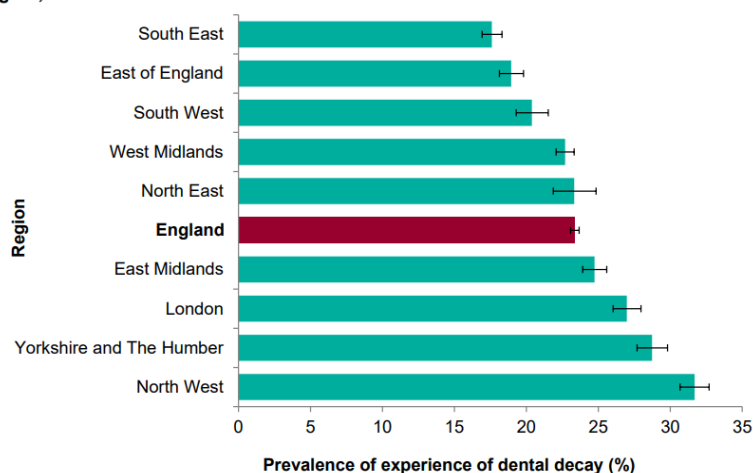
Health Related Issues in the local area

Oral Health

National Dental Epidemiology Programme for England: oral health survey of 5-year-olds 2019

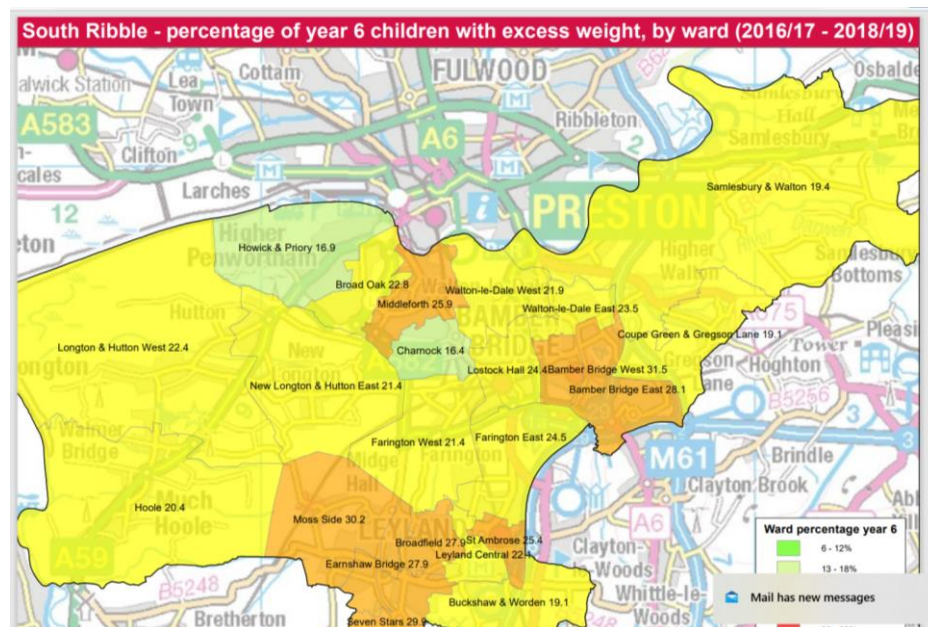
The prevalence of experience of dental decay in 5-year-old children in England (d3mft) was 23.4%. Prevalence varied at regional level, ranging from 17.6% in the South East to 31.7% in the North West

Figure 1: Prevalence of experience of dental decay in 5-year-olds in England by region, 2019.



Error bars represent 95% confidence limits

Weight



The 2018/19 National Child Measurement Programme (NCMP) shows in Lancashire-12 there are 3,036 reception (age 4-5) and 4,572 year 6 children (age 10-11) who are overweight or obese (excess weight).

This equates to 23.5% of reception-age children, which is significantly higher than England (22.6%).

For year 6 children in Lancashire-12, 34.5% are overweight or obese, which is similar to England (34.3%).

Trend line analysis indicates that excess weight prevalence increases as children move from reception age to year