



## Statement of Curriculum Intent

### Aims:

The school will ensure that the statutory requirements of the PSHE curriculum are fully met.

Personal, Social, Health and Economic (PSHE) education is a school subject through which pupils develop the knowledge, skills and attributes they need to manage their lives, now and in the future. It helps children and young people to stay healthy and safe, while preparing them to make the most of life and work.

The programme of study is based upon three core themes within which there is broad overlap and flexibility. These are:

### Core 1 – Health and Wellbeing

### Core 2 – Relationships

### Core 3 – Living in the Wider World

The aim for PSHE education is provide all pupils with:

- ❖ Accurate, balanced and relevant knowledge
- ❖ Opportunities to turn that knowledge into personal understanding
- ❖ Opportunities to explore, clarify and if necessary, challenge their own and others' values, attitudes, beliefs, rights and responsibilities.
- ❖ The skills, language and strategies they need in order to live healthy, safe, fulfilling, responsible and balanced lives
- ❖ Opportunities to develop positive personal attributes such as resilience, self-confidence, self-esteem and empathy

### Subject Pedagogy:

In our school we will ensure effective PSHE pedagogy through utilising **Threshold Concepts**. These are key concepts that underpin good teaching in PSHE.

The Threshold Concepts for PSHE are:

- ❖ Trying new things
- ❖ Working hard
- ❖ Concentrating
- ❖ Pushing themselves
- ❖ Imagining
- ❖ Improving
- ❖ Understanding others
- ❖ Not giving up

[For further details click here.](#)

### **Expectations and Progress:**

We will ensure appropriate **expectation** is built into our **teaching sequences** by utilising three distinct **'Milestones for Progress'** within PSHE

- ❖ Milestone 1 is broadly aimed at Key Stage 1
- ❖ Milestone 2 at Lower Key stage 2
- ❖ Milestone 3 at Upper Key Stage 2

Clear details of each Milestone in PSHE can be accessed [by clicking here.](#)

### **Pupil Personal Development through PSHE:**

In our school particular emphasis is placed on embedding our 'My Personal Best' skills through our curriculum. The 'My Personal Best' skills are shown here.