

Physical Education



Statement of Curriculum Intent

Aims:

The school will ensure that the **aims** of the Physical Education National Curriculum are fully met.

The national curriculum for Physical Education aims to ensure that all pupils:

- ❖ develop competence to excel in a broad range of physical activities
- ❖ are physically active for sustained periods of time
- ❖ engage in competitive sports and activities
- ❖ lead healthy, active lives.

Subject Pedagogy:

In our school, we will ensure effective Physical Education pedagogy through utilising **Threshold Concepts**. These are key concepts that underpin good teaching in Physical Education.

The Threshold Concept for Physical Education is:

- ❖ **Develop practical skills in order to participate, compete and lead a healthy lifestyle.**
This concept involves learning a range of physical movements and sporting techniques.

[For further details click here.](#)

Expectations and Progress:

We will ensure appropriate **expectation** is built into our **teaching sequences** by utilising three distinct **'Milestones for Progress'** within Physical Education.

- ❖ Milestone 1 is broadly aimed at Key Stage 1
- ❖ Milestone 2 at Lower Key stage 2
- ❖ Milestone 3 at Upper Key Stage 2

Clear details of each Milestone in Physical Education can be accessed [by clicking here.](#)

Pupil Personal Development through Physical Education:

In our school particular emphasis is placed on embedding our 'My Personal Best' skills through our curriculum. The 'My Personal Best' skills are shown here.