

Whole school PSHE planning – 2014-2015

CORE SKILLS TO RUN THROUGHOUT EACH OF THE UNITS.

Penwortham Primary School

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
R	EMWB – introduction to school 4	Antibullying Healthy Lifestyles – HL 8 12	Taking part Being different 9 11	Road safety- Keeping safe 5	SRE 2	OK to tell Taking part 9 10
Y1	Looking after each other – babies and care. (LC) Ec WB 3	E safety Antibullying (LC) Fire safety HL 8 12	Being different EHWB 11 4	SRE 2	Road safety – Keeping safe DE – Medicines 5 7	Being a risk taker Taking part 9 6
Y2	Keeping safe – looking after each other (LC) ECWB 3	E safety Antibullying (LC) 8 12 Healthy eating HL	Being different EHWB 11 4	Road Safety Keeping safe SRE 5 2	Drug education – Medicines 7	OK to tell 10
Y3	Caring for each other and role of families. (LC)ECWB 3	Anti Bullying week - Cyberbullying (LC) Healthy eatingHL 8 12	Being different EHWB 11 4	SRE 2	Drug Education – safety in the home 7	Being a risk taker Taking part 9 6
Y4	Dealing with emotions and feelings. (LC)ECWB 3	Anti Bullying week – Cyber bullying (LC) Health and diseaseHL 8 12	Being different EHWB 11 4	SRE 2	Drug Education – tobacco 7	OK to tell 10
Y5	Equality in the community. (LC)BD 11	Anti Bullying week- Cyber bullying (LC) Healthy eatingHL 8 12	Water safety and life saving skills (through swimming) – Keeping safe SRE 5 2 11 Being different	Bikeability (safer cycling) – Keeping safe EHWB 4 5	Drug Education – Alcohol Reservoir and river safety (Through swimming) 7	Beyond Sport – first aid training and skills. Keeping safe ECWB 5 3
Y6	Feelings, resilience and self confidence. (LC)EMWB 3	Anti bullying week – Cyberbullying (LC) Healthy lifestyles 8 12	OK to tell Being different 10 11	Being a risk taker Taking part 9 6	Drug Education – illegal drugs, volatile substances etc 7	Puberty – SRE 2

Red Numbers refer to PSHE Lancs Guidance Unit Plans