

## Key Learning in PSHE: Years 1 and 2

Understanding Self and Others	Working With Others	Speaking and Listening	Negotiation	Compassion and Empathy	Body Language - Verbal and Non-Verbal
<ul style="list-style-type: none"> <li>Explain their ideas, and responses to an issue.</li> <li>Recognise their feelings.</li> <li>Play with others.</li> </ul>	<ul style="list-style-type: none"> <li>Find a partner, sit with them and work with them.</li> </ul>	<ul style="list-style-type: none"> <li>Demonstrate active listening skills.</li> <li>Ask questions for clarification.</li> </ul>	<ul style="list-style-type: none"> <li>Negotiate with one another.</li> <li>Speak in front of a group.</li> </ul>	<ul style="list-style-type: none"> <li>Demonstrate compassion, empathy and tolerance.</li> </ul>	<ul style="list-style-type: none"> <li>Recognise simple body language.</li> <li>Understand verbal and non-verbal communication.</li> </ul>
Assertiveness	Making Choices	Risk Taking	Influences	Making Decisions	
<ul style="list-style-type: none"> <li>Speak using the assertive 'I'.</li> <li>Know that it is OK to make mistakes.</li> <li>Say 'No' and mean 'No'.</li> </ul>	<ul style="list-style-type: none"> <li>Recognise their likes and dislikes.</li> <li>Think about and verbalise what is important to them when making choices.</li> <li>Demonstrate making simple choices.</li> <li>Begin to think about how to make safe choices.</li> </ul>	<ul style="list-style-type: none"> <li>Understand the concept of risk.</li> <li>Know who and how to tell.</li> <li>Begin to recognise how other factors can influence choice.</li> </ul>	<ul style="list-style-type: none"> <li>Begin to understand that sometimes people persuade you to do things you don't want to do.</li> </ul>	<ul style="list-style-type: none"> <li>Demonstrate making simple choices.</li> <li>Begin to think about why they made a particular choice.</li> </ul>	